

Welcome to our Breakfast Cafe at...

People for People MS

**December
2019**

Monday	Tuesday	Wednesday	Thursday	Friday
2 Strawberry Pop Tart Fresh Pear Apple Cherry 100% Juice	3 Reduced Sugar Cinnamon Toast Crunch Fresh Apple Orange 100% Juice	4 Whole Grain Banana Crumb Muffin Fresh Orange Apple 100% Juice	5 Blueberry Nutri-Grain Bar Fresh Apple 100% Juice Fruit Punch	6 Red. Sugar Cocoa Puffs Fresh Pear Apple Grape 100% Juice
9 Cinnamon French Toast Fresh Pear Apple Cherry 100% Juice	10 Raspberry Nutri-Grain Bar Fresh Apple 100% Orange Juice Blend	11 Egg and Cheese Sandwich Fresh Orange Apple 100% Juice	12 Reduced Sugar Cinnamon Toast Crunch Graham Crackers Fresh Orange 100% Juice Fruit Punch	13 Brown Sugar Cinnamon Pop Tart Fresh Banana Apple Grape 100% Juice
16 Apple Strudel Fresh Pear Apple Cherry 100% Juice	17 Cinnamon Toast Crunch Cereal Bar Fresh Apple 100% Orange Juice Blend	18 Mini Cinnamon Rolls Fresh Banana Apple 100% Juice	19 Red. Sugar Cocoa Puffs Graham Crackers Fresh Banana 100% Juice Fruit Punch	20 SCHOOL CLOSED TODAY
23	24	25	26	27
	HOLIDAY JOY			



We are Simply Rooted™ in food and family so our menu options are healthy, nutritious, flavorful, and made from wholesome, all natural, organic and non-GMO ingredients, whenever possible. Check us out at www.Whitsons.com or scan the QR code.



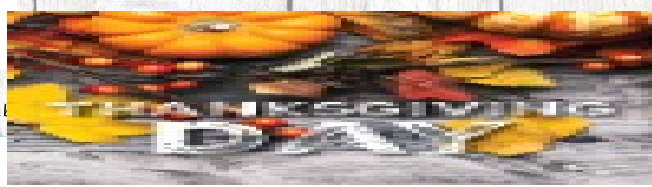
*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food



**FUEL YOUR DAY THE RIGHT WAY.
EAT A HEALTHY BREAKFAST!**

Available Daily

All served with choice of fat free or low fat milk, assorted juices and fresh fruits



Made With Organic Ingredients
Institution is an equal opportunity provider.